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 #WeAreReddam

**ATLANTIC SEABOARD**  
COLLEGE

# News Letter

THE ULTIMATE EXPRESSION OF EXCELLENCE



NEWSLETTER | **9 NOVEMBER 2018** | VOLUME 4:05



## ***From the Headmistress***

***Lisette Noonan***

9 November 2018

Dear Parents and Guardians,

As the final "exam season" is in full swing next week in the College building, I thought it appropriate to list some of my thoughts concerning exams.

Firstly, like in all things, there is an optimum level of stress that enhances performance, but once that threshold is passed; the stress becomes a negative debilitating force. Take care to keep the prospect of exams in proper context and don't waste time 'just' worrying about them.

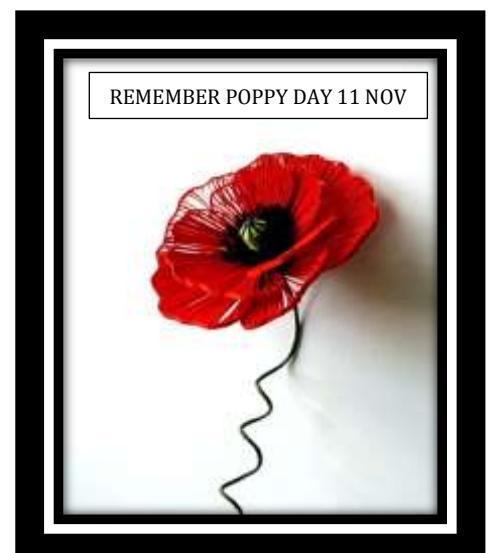
Of course, that is not to suggest that exams are not important, but in over thirty years of administering and writing them, this much I know: good preparation, honest preparation, good old-fashioned hard work - almost never, if ever, fails. So strut and fret less, and put in the hard work while there is still time. If we look after today, tomorrow *will* look after itself.

I look forward to celebrating our 16<sup>th</sup> anniversary of the establishment of our school with our parents and alumni on Thursday evening 15 November at our "Hello Summer" Party.

Wishing you all a relaxing and special weekend with your children.

Kind regards

*Lisette*





## ART DEPARTMENT

Our Grade 7s begin paintings on canvasses. The theme is 'Pop Art', which is always a favourite! We look forward to the final outcomes of the individually selected themes.



Our Grade 9s were tasked with a “Land Art” project by Mrs Hugo - see some examples of the stunning work received:



## HELLO SUMMER PARTY



### *Annual*

### *Hello Summer Party*

### *Info*

*Date: 15 Nov*

*Place: College Quad*

*Time: 18:30 - late*

*Dress: Glam Summer Attire*

*Cost: R200pp*

*Includes;*

- DJ Dancefloor and Lights*
- Welcome drink*
- Fun time*
- Dinner*
- Cash Bar*

*Buy your tickets now - eft*

*Reddam House P&F -ABSA Bank*

*Sea Point Branch- 632005*

*ACC # 9230462744*

*Ref: Your name and surname*



Dear Parents and Friends

We are so looking forward seeing you all at the new Annual Hello Summer Party for Parents and ASB staff. The evening will be a relaxed fun evening spent with your favourite Reddam Friends, Mrs Noonan and Teachers and to meet new ones. We would like to encourage each and every parent to join us for sundowners, dinner and a dance next week Thursday. Tickets can be purchased either from Antonietta upstairs, via EFT or from one of the P&F members on Monday and Tuesday mornings under the tree downstairs. See adverts for more info on previous page.

The P&F members have been busy supporting our charities in various ways the past couple of weeks.

- We served tea to the residents at the Sea Point Place Frail Care Centre
- We opened a second hand Charity Shop at Includid Homes
- We are also helping out in the second hand shop at The Carpenter Shop
- We have bought Christmas gifts for the gentlemen of the Salvations Army, together with the Sea Point Lions Club
- We play Bingo with some of the residents at both Sea Point Place and Good Hope Park on a monthly basis – we are giving them little gifts as well

Thank you all for your support and ongoing 'We Shall Give Back' approach.

The annual Food Fair has become an institution and well attended event on the Reddam House ASB calendar raising a substantial amount of funds each year for "Giving Back". Going forward we would like to better the offerings on the day and request your valuable input. Please complete our survey on-line - click here: <https://goo.gl/APC42u>

Thank you so much for the parents who have already completed the questionnaire, for those who have not had a chance to do so please help us make the next one and even better event.

Many thanks and kind regards

**The Parents and Friends Committee - 2018**

Don't forget our 2<sup>nd</sup> Hand Uniform Shop, run by our volunteer moms - email address: [2ndhandshop.atlantic@reddam.house](mailto:2ndhandshop.atlantic@reddam.house) (see adjacent advert).



## Focus on / 2<sup>nd</sup> HAND BOOKS



Our lovely volunteer mom, Mrs Jill Coetzee, has indicated that she desperately needs your 2nd hand books. Please see her request below:

*It is that time of the year again when parents are asking for second hand books, but I don't have enough stock.*

*There are many parents who have text books just lying around at home or have existing textbooks that they may wish to sell.*

*Parents can drop me an e-mail with their contact details and a list of books that they are currently using, but will want to dispose of once the year is complete. I can then put the buyers and sellers in touch with each other, which would make this process easier.*



Please contact Jill on 083 708 2098 or via e-mail: [jill@swindon.co.za](mailto:jill@swindon.co.za)

## BOOK SALE

### The Book People

READING PEOPLE THROUGH BOOKS

#### BOOK SALE

*To encourage children to have a love for books*

*Is what we strive to do.*

#### WHERE:

Reddam House Atlantic Seaboard  
In the lower quad

#### WHEN:

Wednesday 14<sup>th</sup> & Thursday 15<sup>th</sup>  
November

#### TIME:

10:30-15:00



Card facilities available  [www.bookpeople.co.za](http://www.bookpeople.co.za)





## **PLEASE NOTE: ALL SPORT AND CULTURAL EVENTS END ON FRIDAY, 9 NOVEMBER**

*Please see below the Media Release issued on Wednesday November 7<sup>th</sup> 2018, as well as photos from the event underneath the article regarding last week's Surf Championships:*

### **Sea Harvest Western Cape Schools Interschool's Surfing presented by Surf Emporium ends the Cape schools surfing programme on a high**

Twenty teams from fourteen Western Cape schools participated in the 2018 Western Cape Interschool's Surfing Championships which took place in perfect weather and small offshore surf at the beach in front of the Surf Emporium in Muizenberg on Sunday November 4<sup>th</sup>.

The Senior Schools Cup title was won by the team from Fish Hoek with Reddam House Constantia taking second place ahead of 2017 winners Reddam House Atlantic Seaboard. Strand High School, who was fourth last year, took fourth place once again.

St Cyprians, one of only two all-girls teams competing in the annual event, won the Senior Plate Final. Fish Hoek was second, Bredasdorp A came third and Bredasdorp B, another all girls team, came fourth.

Ambleside A Team won the Junior Cup title beating Kommetjie Primary into second place. Reddam Constantia was third and Bishops came fourth. This is the first time that Bishops has reached the Final of an Interschool's contest since their victory at the very first Western Province Interschool's Championships at Sunrise Beach in Muizenberg in 1966.

The Junior Plate Final was won by Kommetjie with Bishops second, Reddam Constantia B third, Bredasdorp Junior fourth and Sun Valley Primary fifth.

The Schools that entered the 2018 Sea Harvest Western Cape Schools Championships presented by Surf Emporium came from the Southern Suburbs, the Southern Peninsula, from Capricorn Park and Masiphumele, the Cape Winelands and as far afield as Bredasdorp in the Overberg.

All the participants received a goodie bag filled with items from Sea Harvest and support sponsors Vida e, Hurricane and zigzag Magazine.

The Senior and Junior Schools Cup and Plate Champions won floating trophies. Medals were awarded to all the members of the teams who reached the cup finals and members of the teams that reached the Plate Finals are awarded Certificates.

The annual Western Cape Interschools Championships brings a highly successful local schools programme of league contests coordinated and presented by Surf Emporium Muizenberg to a close for 2018. Photos from the event can be found on [www.surfemporium.co.za/wc-inter-schools-surf-league/](http://www.surfemporium.co.za/wc-inter-schools-surf-league/)

The good news is that Surf Emporium Muizenberg has announced details of the 2019 Western Cape Inter-Schools Surf League plans and these details can be found on the Surf Emporium website.

In 2018 Surf Emporium worked closely with Surfing South Africa to promote and support one of SSA's major objectives which is to increase the number of social and competitive surfers in South Africa.

With this in mind, Surf Emporium will host an inter-school's tag-team surfing competition every second Friday during the third and fourth terms in 2019. Details can be found on at [www.surfemporium.co.za/wc-inter-schools-surf-league/](http://www.surfemporium.co.za/wc-inter-schools-surf-league/)

This tag team interschool's surfing league will include heats for junior & senior divisions and the winners of each division will be announced when the league concludes at the end of October next year.

The Sea Harvest Western Cape Interschool's Championships presented by Surf Emporium was a surfing South Africa initiative. Surfing South Africa is the national governing body for the sport of Surfing in South Africa and is a member of the South African Sports Confederation and Olympic Committee (SASCOC), the African Surfing Confederation (ASC) and the International Surfing Association (ISA).

Compiled by Robin de Kock

General Manager, Surfing South Africa

[surfingsouthafrica@gmail.com](mailto:surfingsouthafrica@gmail.com)

SOME PICS OF OUR TEAM - WE CAME 3<sup>RD</sup> IN THE SENIORS CUP - WELL DONE, GUYS!!



... AND A SPECIAL THANK YOU TO OUR SUPPORTERS (looks like it was very close!!)



## EXAM TIMETABLES Gr 8 - 11

NOVEMBER EXAMINATIONS 2018		
Grade 8		
Friday 9	Dance Prac	09:00 ...
Monday 12	Art & Tech	09:00 - 10:30
Tuesday 13	Biology	09:00 - 10:30
Wednes 14	English	09:00 - 11:00
Thursday 15	Drama	09:00 - 10:00
	Drama Prac	10:30 - 13:00
Friday 16	History	09:00 - 10:30
Monday 19	Comp St Prac 8R	09:00 - 10:00
	Comp St Prac 8E	10:30 - 11:30
Tuesday 20	Maths P1	09:00 - 11:00
Wednes 21	Maths P2	09:00 - 11:00
Thursday 22	Phys Sc	09:00 - 10:30
Friday 23	French	09:00 - 10:00
	Music	09:00 - 10:00
	Xhosa	09:00 - 10:30
Monday 26	Afrikaans	09:00 - 10:30
Tues 27	Geography	09:00 - 10:30
Wednes 28	EMS	09:00 - 10:30
Thurs 29	Dance	09:00 - 10:00
	Sport Sc	09:00 - 10:00
Friday 30	English P2	09:00 - 10:30

NOVEMBER EXAMINATIONS 2018		
Grade 9		
Friday 9	Dance Prac	09:00 .....
Monday 12	Afrikaans	09:00 - 11:00
Tuesday 13	EMS	09:00 - 11:00
Wednes 14	Maths P1	09:00 - 11:00
Thursday 15	Biology	09:00 - 10:30
Friday 16	Drama	09:00 - 10:00
	Drama Prac	10:30 - 12:30
Monday 19	Phys Sc	09:00 - 10:30
Tuesday 20	Art	09:00 - 10:00
	Art Prac	10:30 - 11:30
Wednes 21	History	09:00 - 10:30
Thursday 22	Geography	09:00 - 10:30
Friday 23	Dance	09:00 - 10:30
	Sport Sc	09:00 - 10:30
Monday 26	Maths P2	09:00 - 10:30
Tues 27	English	09:00 - 11:00
Wednes 28	Technology	09:00 - 10:30
Thurs 29	French	09:00 - 10:30
	Music	09:00 - 10:30
	Xhosa	09:00 - 10:30
Friday 30	Afrikaans P2	09:00 - 10:00

NOVEMBER EXAMINATIONS 2018			
GRADE 10			
Friday 9	Dance	Prac	09:00 ....
Monday 12	Mathematics	P1	09:00 - 11:00
	Maths Lit	P1	09:00 - 11:00
Tuesday 13	Life Sc	P1	09:00 - 11:00
Wednes 14	Music	P1	09:00 - 11:30
	Design	P1	09:00 - 11:00
Thursday 15	English	P1	09:00 - 12:00
Friday 16	Geography	P1	09:00 - 11:30
	Phys Sc	P1	09:00 - 11:00
Monday 19	Phys Sc	P2	09:00 - 11:00
Tuesday 20	Maths	P2	09:00 - 11:00
Wednes 21	Bus St	P1	09:00 - 10:30
	Bus St	P2	11:00 - 12:00
	Accounting	P1	09:00 - 12:00
Thursday 22	IT	Prac	09:00 - 11:30
	CAT	Prac	09:00 - 12:00
Friday 23	History	P1	09:00 - 12:00
	Life Science	P2	09:00 - 12:00
Monday 26	Afrikaans	P1	09:00 - 11:30
Tues 27	CAT	P1	09:00 - 11:30
	French	P1	09:00 - 11:00
	IT	P1	09:00 - 11:30
Wednes 28	AP Maths	P1	09:00 - 10:30
Thurs 29	Dance	P1	09:00 - 10:30
	Dramatic A	P1	09:00 - 12:00
Friday 30	Afrikaans	P2	09:00 - 10:00

GRADE 11	NOVEMBER EXAMINATIONS 2018		
Friday 9	Dance	Prac	09:00 .....
	Vis Art	P1	09:00 - 11:30
	Phys Sc	P1	09:00 - 11:00
Monday 12	AP Maths	P1	09:00 - 11:00
Tuesday 13	Maths	P1	09:00 - 12:00
	Maths Lit	P1	09:00 - 12:00
Wednes 14	History	P1	09:00 - 11:00
	Accounting	P1	09:00 - 11:00
	Accounting	P2	11:30 - 13:30
Thursday 15	Afrikaans	P1	09:00 - 11:30
Friday 16	Phys Sc	P2	09:00 - 11:00
Monday 19	CAT	Prac	09:00 - 12:00
	Life Sc	P1	09:00 - 11:00
Tuesday 20	Geography	P1	09:00 - 11:00
	Geography	P2	12:00 - 13:00
	French	P1	09:00 - 11:00
	Music	P1	09:00 - 11:30
	Design	P1	09:00 - 11:30
	Dramatic A	Prac	09:00 - 10:30

Wednes 21	History	P2	09:00 - 12:00
Thursday 22	English	P1	09:00 - 12:00
Friday 23	Bus St	P1	09:00 - 10:30
	Bus St	P2	11:30 - 12:30
Monday 26	Drama	P1	09:00 - 12:00
	Design	Prac	08:00 - 14:00
	French	P 2	09:00 - 11:00
Tues 27	Maths	P2	09:00 - 12:00
Wednes 28	Dance	P1	09:00 - 11:00
	IT	Prac	09:00 - 10:30
	Vis Art	Prac	08:00 - 14:00
Thurs 29	CAT	P1	09:00 - 11:30
	IT	P1	09:00 - 11:00
	Life Sc	P2	09:00 - 12:00
Friday 30	IEB Portfolio		09:00 - 11:00



## EXAMS

### GRADE 7

Thursday, 15 Nov	ENGLISH (2h)
Friday, 16 Nov	SOCIAL SCI (1.5h)
Monday, 19 Nov	MATHEMATICS (2h)
Tuesday, 20 Nov	AFRIKAANS (1.5h)
Wednesday, 21 Nov	OPTIONS (1.5h)
Thursday, 22 Nov	N/SCI & T (1.5h)
Friday, 23 Nov	CREATIVE WRITING

### GRADE 8 - 11

See previous page

## DATES TO DIARISE

### 12 - 30 NOVEMBER

College Exams - see page 8

### 15 NOVEMBER

Hello Summer Party - see page 3

### 15 - 23 NOVEMBER

SP Exams

### 26 NOVEMBER

Grade 7 Farewell

### 4 DECEMBER

College Beach Soccer

### 5 DECEMBER

Grade 7 - 11 Academic Awards  
Twilight Picnic & Laser Show

### 6 DECEMBER

End of Term 4 - Reports e-mailed to parents  
School closes: ELS - 10:30  
JP - 11:00  
SP - 11:30  
College - 12:00