

COLLEGE SPORTING ACHIEVEMENTS TERM 3 2018



**ATLANTIC
SEABOARD**

CORNER OF EXCELLENCE

27/7/2018



NICO SETTERBERG

Nico was selected to represent the Western Cape at the South African National Climbing Championships in the disciplines of Bouldering and Speed where he achieved his Silver for Bouldering and Bronze for Speed. Nico is dedicated to return to the international scene and stands a chance of representing his country at the 2020 Olympics in Tokyo. Well done, Nico - what an incredible achievement!



ALEX SETTERBERG

Alex was selected to represent the Western Cape at the South African National Climbing Championships in the disciplines of Lead and Speed where he achieved 4th place for Lead and 4th place for Speed. Having come so close to a podium position this year at the National Championships, Alex is committed to compete in the international competition scene and stands a chance of representing his country at the 2020 Olympics in Tokyo. Well done, Alex - what a wonderful achievement!



CAITLIN DOYLE

Caitlin was selected to represent the Western Cape at the Goju Kai National Karate Championships which are being held at Stellenbosch from the 26th - 28th October 2018. Well done Caitlin! We are incredibly proud of you. What is more amazing about this young lady is that she will be going to Tokyo from 1st - 9th October to grade for her second dan belt! To get invited to grade, you have to train for 3 years after getting your black belt and you must also be 16 years old and above grading to be officially invited. A phenomenal achievement!



ISABELLA BLANDON ZAPATA

Isabella was chosen to represent South Africa at the World Futsal Championships in Hawaii in November this year. I am so impressed with your dedication and commitment to your sport. You are an inspiration to all the students and myself, and I know that your dream of playing soccer overseas will come true. Congratulations on been chosen to go to trials at Ajax Amsterdam at the end of the year, I know that with your talent and drive you will succeed in all that you do. Well done, Isabella!

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ATLANTIC

2/8/2018

CORNER OF EXCELLENCE

SAM BENNIE



Sam Bennie (Grade 9) was selected for the South African Junior Surfing Squad. He competed in Trials in Port Elizabeth this past weekend. Surfing proved difficult, as catching waves that offered chances of a big score in his last heat were scarce. He showed a great fighting spirit and caught 2 good waves late in the heat. Sam's efforts throughout the weekend were excellent and the experience he gained at this high level will benefit him in September when the next round of competition starts. Wow, Sam - we are SO proud of you!!



Pictures courtesy of Pertoneil Posthumus

JADON COOPER



During the July holidays Jadon competed in the World Karate Championships in Sweden. He competed in his kata division and although he did not achieve a medal, just being there with the numerous countries was an incredible experience for him. In the Boys Cadet Kumite Middleweight division (fighting) he won his first 3 fights, but lost the next one which would have put him in line for a bronze. Jadon came 5th in the world in this category which is a phenomenal achievement! I am so incredibly proud of you! Well done, Jadon!



GIRLS' SOCCER TEAM



L to R: N. Oba, S. Bigaignon, S. Bassier (Coach), I. Blandon-Zapata (Captain), N. Suchland, J. Lloyd-Sim, M. Reggio, A. Gordon & S. O'Shea

The Girls First team played in the DSK Five-a-side soccer tournament and it is with great pride that we announce that we won the tournament. Congratulations to all the girls and coaches for making this a day we will never forget.

We played 5 matches in the round robin format. In the semi-final we beat the German School 1-0 and in the final we had a very competitive and tough match against Camps Bay High School which we won 2-1.

SHELLEY
ROBERTSON
HEAD OF
COLLEGE